



Children's Clinics

*Comprehensive Care
for Kids & Teens*

Report to the Community | 2019



Kaleidoscope of Care



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Letter from Leadership

We knew that 2018 was going to be transformational for Children's Clinics, and it was a year that did not disappoint. Arizona's state Medicaid system, AHCCCS (Arizona Health Care Cost Containment System), went through the largest transition in its history; we piloted a cutting edge multidisciplinary Autism Center of Excellence, and our staff and patient population continued to grow. In the midst of these changes, Children's Clinics strived to maintain our reputation for quality as the medical home for Southern Arizona's children who are living with complex health conditions.

Despite our growth we remain true to our roots, relying on strong partnerships within the community to continue providing exceptional, nationally recognized care to our kids and families. With the help of Square & Compass, Banner University Medical Center, Tucson Medical Center, our community physician partners, volunteers, donors, and our committed friends and supporters, we are thriving.

Without any sign of slowing, we've already entered another exciting year with even more progress and transformation in our future. As an absolute blessing, and the fruit of years of hard work, Children's Clinics has been named a 2019 Angel Charity for Children beneficiary. We are thrilled to announce the beginning stages of a renovation project that will result in the Angel Charity Center for C.A.R.E. where C.A.R.E. represents Comprehensive Autism and Rehabilitative Excellence.

While we know there are inevitably going to be growing pains as we expand the services we offer to meet the unique needs of the kids and families we serve, we remain profoundly grateful for our legacy of dedicated community partners. It is you who support our mission that make it possible for us to continue to make dreams come true for the children and families we serve. Please read this report with our heartfelt gratitude in mind for your contributions to our work. Thank you.

Sincerely,




Jared Perkins
CHIEF EXECUTIVE OFFICER




Tracy Nuckolls
PRESIDENT, BOARD OF DIRECTORS



Gratitude:

We are grateful for our strong roots in the community and the partnerships that continue to help us flourish.



Banner
University Medical Center
Tucson





Program Highlights

Primary Care Expansion

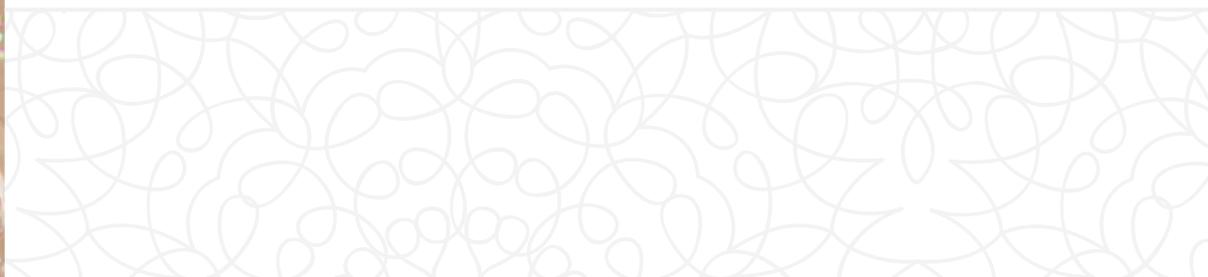
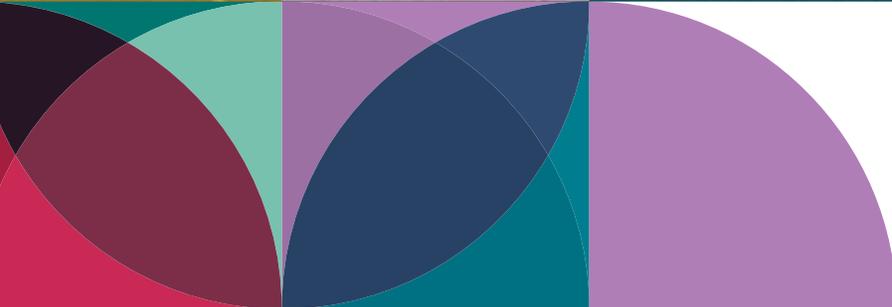
Our Primary Care department is growing! We welcomed two new pediatricians to the Clinic this year, Dr. Rebecca Egbert and Dr. Michelle Alden. Dr. Barry London and Dr. David Crawford continue to care for our kids alongside our two newest additions to the team.

AHCCCS Transition to ACC Plans

Our state Medicaid system changed! AHCCCS (Arizona Health Care Cost Containment System) has integrated. This means the new AHCCCS Complete Care (ACC) plans cover both medical and behavioral health costs. Please contact us if you have questions about this transition.

ASD Center of Excellence Pilot

In 2018, we had the opportunity to pilot an innovative, multidisciplinary approach to caring for children diagnosed with Autism Spectrum Disorder. This approach to care allows a comprehensive care team to assess children and work together on a shared care plan. We hope to offer more details about this as a service we can continue to provide to our patients.



Big News!

Announcing the Angel Charity Center for C.A.R.E. (Comprehensive Autism and Rehabilitative Excellence).

Children's Clinics is honored to announce that we have been selected as a 2019 Angel Charity for Children, Inc. beneficiary. With the help of the Angels, Children's Clinics will embark on a renovation project to transform part of our existing building into state-of-the-art, sensory friendly therapy space. The completion of this project is anticipated for Spring of 2020. Stay tuned for more details.



A heartfelt thank you to the generous angels of Angel Charity for Children who are helping make dreams come true for our children!



What is it like to visit Children's Clinics?

SPINA BIFIDA CLINIC: If you're a family with a child who has Spina Bifida, you likely need to see many different medical providers to care for your child. This often means making many different appointments in different offices, while coordinating complex schedules. *At Children's Clinics, you show up for one appointment, on one day, in one building, and your entire care team comes to you.* Additionally, your care team meets before and after your visit to make sure all of your care is coordinated and keeps your child as healthy as possible. Here's a list of the care team in our Spina Bifida Clinic:

- ◆ Pediatrician
- ◆ Registered Nurse
- ◆ Licensed Social Worker
- ◆ Medical Assistant
- ◆ Radiology
- ◆ Phlebotomist
- ◆ Child Life
- ◆ Urology
- ◆ Orthopedic Surgeon
- ◆ Neuropsychology
- ◆ Education Specialist
- ◆ Registered Dietitian Nutritionist
- ◆ Physical Therapist
- ◆ Orthotist
- ◆ Spina Bifida Association Representative

All of our care teams are designed to ensure families receive comprehensive, coordinated care in a family-centered approach.

Our Services

Primary Care

PEDIATRICS
INTERNAL MEDICINE

Pediatric Subspecialties

ANESTHESIOLOGY
CARDIOLOGY
DENTAL & ORTHODONTIA
DEVELOPMENTAL PEDIATRICS
ENDOCRINOLOGY
EAR, NOSE, & THROAT
GASTROENTEROLOGY
GENETICS
HEMATOLOGY
NEPHROLOGY
NEUROLOGY
NEUROSURGERY
OPHTHALMOLOGY
OPTOMETRY
ORTHOPAEDICS
OSTEOPATHIC MANUAL MANIPULATION
PALLIATIVE CARE
PEDIATRIC SURGERY
PLASTIC SURGERY
PULMONOLOGY
UROLOGY
WOUND CARE

Rehabilitative Therapies

PHYSICAL THERAPY
OCCUPATIONAL THERAPY
SPEECH & LANGUAGE THERAPY
AUDIOLOGY
NUTRITION

Support Services

RN CARE COORDINATORS
EDUCATIONAL SPECIALISTS
CHILD LIFE SPECIALISTS
LAB TECHNICIANS
RADIOLOGY TECHNOLOGISTS
PET THERAPISTS
MEDICAL SOCIAL WORKERS

Behavioral Health

BOARD CERTIFIED BEHAVIOR ANALYSTS
COUNSELORS
PSYCHOLOGISTS
PSYCHIATRISTS
FAMILY SUPPORT SERVICES

Multidisciplinary Clinics

CEREBRAL PALSY
CLEFT/LIP PALATE
COCHLEAR IMPLANT
DOWN SYNDROME
NEUROCUTANEOUS CLINIC
NEUROMUSCULAR CLINIC

ORAL MAXILLARY OSTEOGENESIS IMPERFECTA
SICKLE CELL
◆ **SPINA BIFIDA**
PALLIATIVE CARE

Learn more on our website! www.childrensclinics.org

Childhood Experiences

Events

Spring Festival

- ◆ 81 Volunteers
- ◆ 192 Kids

Back to School

- ◆ 58 Volunteers
- ◆ 336 backpacks given away

Halloween

- ◆ 72 Volunteers
- ◆ 446 Kids

Toy Days

- ◆ 175 Volunteers
- ◆ 1146 Kids



Chapman Cares

- ◆ Our friends at Chapman Cares generously donated 300+ pounds of candy and gave 600 of our children backpacks full of school supplies for the new school year. We couldn't do it without them! Thank you, Chapman Cares!

Adaptive Recreation

El Tour – Thank you, Greater Tucson Leadership!

In 2018 Children’s Clinics was selected as the class project for Greater Tucson Leadership. A group of nearly 40 leaders in the community raised over \$15,000 for our Adaptive Recreation Fund, allowing us to give away more bikes & encouraging more patients to participate in the El Tour de Tucson fun ride. Thank you, Biggest and Best Class Ever, GTL Class of 2018!



New! Soccer and Swim

Our adaptive recreation program launched its first adaptive sports teams in 2018. With the support of University of Arizona’s Mens Soccer and our therapists, we created opportunities for skill development and therapeutic play for our athletes. Additionally, swim coaches and therapists taught pool safety, basic swim strokes, and fun. Adaptive sports offer our kids the ability to be part of a classic childhood experience they may otherwise have missed.



Impact

To date, our adaptive recreation program has helped **475** children ride in El Tour de Tucson, given away **300** adaptive tricycles, and had over **90** athletes participate in our adaptive soccer and swim programs.

Thank you to our Adaptive Recreation Partners!



Impact

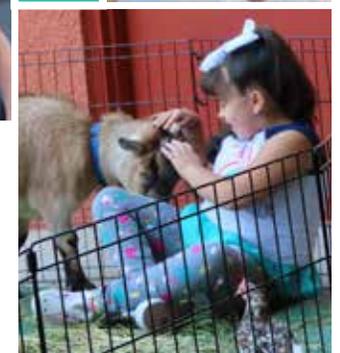
6817 unique kids
38,110 visits
451 volunteers
5232 volunteer hours
108 employees
71 providers
314 donors



Partners Make Our World Go 'Round

VOLUNTEER HIGHLIGHT: TRAK

TRAK Ranch is a nonprofit organization that provides animal therapy for children in the southern Arizona community. Every month they set up a miniature ranch at Children's Clinics, providing our kids with the valuable opportunity to play with and care for all kinds of animals. They bring a wide array of animals ranging from bunnies to miniature donkeys and fulfill their mission of brightening days and spreading joy.



My name is Kylie Brower. I am a woman, a sister, a daughter, a granddaughter, a friend, a mother, and I spend a lot of my time in a wheelchair, but I don't let that define me.

I have been going to Children's Clinics for the past 8 years. Children's Clinics offered me many great resources when I was first injured. I received physical therapy as well as care in the spinal cord injury clinic, which allowed me to see all of the specialists at the same time and not have to go to a bunch of different appointments. The doctors and staff at the clinic have become more like family. Everyone is always so kind when we are there. I have had various surgeries by Dr. Ashley (literally the best doctor in the world) with whom I met through the Children's Clinics, as well as additional spine surgeries with Dr. Neilsen.

Going to the clinic was very helpful for me because most of the doctors were aware of my various issues. I chose to have my daughter also receive her care at the clinic for many reasons. It was more convenient for me because we can have our primary care appointments together since we have the same primary care doctor. Additionally, I was already so familiar with the doctors and staff at the clinic; I knew that they would have my baby's best interest at heart.

Kylie's Story

It was just another normal day as a sixteen year old girl. I had left for school, finally excited that my mom didn't have to drive me anymore. It was the freedom I thought I couldn't get enough of, until I realized that freedom was more than I bargained for. My friends and I decided to go to grab a bite to eat during lunch. As usual the laughter and chatting had us lost and running out of time, before we knew we had to get back to school or we wouldn't hear the end of it from our parents. As normal as everything felt, I didn't realize what my new normal was about to be. Red light, stop, green, go. Yet, what happens when it's out of your control? October 7th, 2011 my freedom turned into the most tragic day of my life... or was it?

I woke up in the hospital the next day, surrounded by family. With an understanding that my life was about to change in more ways than I could ever imagine. I wasn't able to walk, but I still had a heart; I was paralyzed from the waist down. Even though I knew my world had just been turned upside down,

Meet Kylie



I wasn't going to let this define me. I was more than just a girl in a wheelchair. I was told I was going to be in the hospital for at least 6 months, rehabilitating myself and adjusting to my new normal the best I could. Doubtful thoughts and hopeless dreams of never being able to walk again definitely crossed my mind, but I tried to not let that show or slow me down in my process to becoming the best version of myself. I was determined to define my new normal, not let it define me.

Most people would look at my situation as an "unfortunate circumstance" or a "terrible tragedy", but it is so much more than that. Something happened to me that day; I didn't lose my ability to walk, but gained the ability to see my life in a whole new way. I never gave up on myself and neither did my family. There are things in life that challenge us in ways that we deemed impossible, yet these challenges help mold and shape us into the individuals we are meant to be. I can honestly say that without this "tragedy" in my life I wouldn't be going to college and maintaining a 4.0 GPA. I wouldn't be a mother to the most beautiful baby girl in the world. Something that was said to be impossible was actually the easiest and most painless experience of my life since my accident. With all the complications, doubts and tears since that beautiful October day in 2011, becoming a mother was simply the easiest and most rewarding thing that's ever happened to me. I've found my new normal, my purpose, and I have my "beautiful tragedy" to thank.



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Dear Friends,

For more than 70 years, Square & Compass has provided families in Southern Arizona with an exceptional healthcare facility where children with the most complex medical conditions can receive care. It gives us great pride to know that Square & Compass's original vision of caring for medically challenged children, has not changed in all those years.

Our founders' vision began in a small playhouse with one clear mission in mind: to provide rehabilitation services for children. We have honored that mission, for 72 years, by adapting to meet the current needs of the clinic's patients, whenever possible. Square & Compass, with the help of faithful and generous donors, is able to provide a state-of-the-art facility while lessening the burden on families struggling with unique and complex healthcare needs.

Square & Compass owns and manages ongoing enhancements of the building that Children's Clinics calls home. This allows Southern Arizona's pediatric doctors, nurses, therapists, and other specialists to care for our children in a warm and inviting environment. We also assist with the cost of healthcare for uninsured and underinsured children and teens.

Twice a year, Square & Compass is also host to the Shriners for Children Medical Center Outreach Clinics. The Outreach Clinics serve children in Southern Arizona and Northern Mexico who require consultation or follow-up appointments. We welcome the Pasadena physicians to Tucson and help them facilitate the visits with their young patients who live in our region.

We are proud of our role in these honorable endeavors, and we're humbled daily by donor contributions that allow us to continue to fulfill this critical mission in our community. If you, too, would like to help relieve the financial burden of our families, please consider making a tax-deductible donation or bequest in your will to the Square & Compass Children's Clinic today. We greatly appreciate your support. It makes our mission possible and allows us to assist the children, in most need, in our community. And together we will continue to provide aid to children for many years to come.

With Gratitude,



Van Elrod
PRESIDENT
BOARD OF DIRECTORS
SQUARE & COMPASS CHILDREN'S CLINIC



Amy Burke
EXECUTIVE DIRECTOR
SQUARE & COMPASS CHILDREN'S CLINIC

Kaleidoscope of Care

From our humble beginnings in a playhouse in 1947, to the more permanent place we called home for 50 years, and now in our current home since 1991, our mission to help children has never wavered. Square & Compass Children's Clinic's 50,000 square foot facility on the campus at Tucson Medical Center houses 68 specialty and primary care providers in 28 pediatric disciplines, 22 rehabilitation staff, nine nurses, and five social workers, all dedicated to serving children with unique healthcare needs.

In 1991, when we partnered with Children's Clinics, the operational arm of all pediatric treatment was placed in their care. Children's Clinics is a one-stop medical facility that eases the burden of care on families with children with unique healthcare requirements. Patients receive all their care under one roof, from laboratory and radiology services to physical and occupational therapies.

In addition to providing a warm and welcoming facility, Square & Compass also provides funding for the healthcare costs of Children's Clinics' patients who are uninsured or underinsured for medical items and services they need. The cost of caring for a child with complex medical conditions can put a financial strain on families and we have made it part of our mission to help relieve some of those financial concerns so that families can put their attention back where it belongs, on the love and care of their child.

Square & Compass is proud of our partnership with the dedicated medical professionals at Children's Clinics. We remain very much involved in delivering comprehensive, multi-disciplinary medical care for children in Southern Arizona with complex medical conditions, and support Children's Clinics as they endeavor to deliver those services.

Although Square & Compass doesn't directly provide medical care, we're grateful to be able to support the Children's Clinics' pediatric specialists who do. Our vision, born out of necessity, remains the same as it was in 1947: to facilitate the care of children. Square & Compass remains dedicated to that ideal and legacy.



Over the past year, Square & Compass has fulfilled 446 requests for medical assistance to children for items such as:

- ◆ Prescriptions
- ◆ Lab Work & X-rays
- ◆ Ultrasounds & Other Imaging
- ◆ Prosthesis & Orthotics
- ◆ Doctor Visits & Outpatient Hospital Procedures
- ◆ Genetics Testing
- ◆ Eye Glasses
- ◆ Various Health Aids not covered by insurance



Children's Clinics

Comprehensive Care for Kids & Teens

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